

Things We Long to Feel or Experience in Marriage:

safety	valued	seen	heard
cherished	wanted	protection	affirmation
delighted in	attractive	desirable	encouraged
provided for	affection	respect	appreciation
friendship	equality	kindness	involvement
connection	honor	recognition	attention
celebrated	enjoyed	service	admiration
esteemed	cared for	defended	treasured
adored	supported	prized	nurtured
validated	pursued	looked up to	understood
patience	gentleness	faithfulness	love
security	interest	sensitivity	intimacy
special	romance	fun	laughter
trust	harmony	comfort	forgiveness
companionship	humility	openness	honesty
devotion	consideration	thought of	praised
comfort	unity	peace	cooperation
thoughtfulness	grace	remembered	prioritized
empathy	understanding	communication	balance

Other _____



