

# *Circles of Support*

## **Finding meaningful support close to home.**

As you think about the kinds of help you may need in your marriage, we encourage you to consider the following sources of support...

### **Personal:**

Do I have healthy habits for my physical, mental, spiritual, relational, and social wellbeing?

### **Church:**

Am I actively engaged in the life of my church family with Worship, Learning, Relationships, Serving, Giving, and Reaching the world for Jesus?

### **Groups:**

Do I have intentional relationships with others in a group where I can be Known, Present, and Faithful?

### **Mentoring:**

Do I have a person in my life who actively leads me in a particular area of need?

### **Pastoral/Directorial Counsel:**

Am I pursuing dialogue with a church leader to provide spiritual guidance and direction?

### **Professional Therapy/Counsel:**

Are there areas in need of specific support that go beyond what I am currently able to receive in the areas listed above?

**Our desire is that no one would walk alone. We believe that each of these areas of support are here to provide a robust system of care and we desire to help you find connection with each.**

**If you need more help assessing your need, or want to talk with someone who can help you determine the right next step, please contact us at:**  
**[marriage@magnifychurch.org](mailto:marriage@magnifychurch.org)**