

Enneagram - A tool of repentance and faith

Purpose

This is designed as a tool to help you start the journey of taking an inside look as a discipleship group. The enneagram will help you take a look at your heart and motivations from a new perspective. It will also give your group some common language and categories as you progress on your walk together.

Step 1 : Take the test and review the output from <https://www.youenneagramcoach.com>

Quiet Time #1

What are three takeaways from the results? What is something new the Lord is revealing to you?

1. _____

2. _____

3. _____

Step 2 : Watch the YouTube video; Enneagram Help for type your # by Dr. Tom Lahue

Quiet Time #2

What are three takeaways from the video? Did the content bring any conviction or clarity to anything in the way you relate to others? Ask the Lord for wisdom.

1. _____

2. _____

3. _____

Quiet Time #3

Step 3 : Record the ten suggestions for help at the end of the video. What is stirring in your heart? Share it with the Lord.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

Quiet Time #4

Step 4 : Which suggestions for help will you implement in your life? Pursue the Lord for direction.

1. _____

2. _____

3. _____

Step 5 : Share these results with a loved one or someone close to you. Encourage them to watch the video. Ask for feedback and seek to understand how they experience you with the enneagram as a context. Resist being defensive or taking offense.

Quiet Time #5

Consider the feedback you received and how you will use this knowledge to further your journey of repentance and faith in Jesus Christ.

Discussion:

Use the information above for discussion during your D-Group meeting.

1. Discuss what you learned about yourself.
2. Discuss what you learned about God.
3. How will what you learned from the Enneagram help you to repent in deeper ways?
4. How will what you learned from the Enneagram help grow your faith?

Wrap Up

We have explored a tool that will help us on our walk with Jesus with deeper repentance and faith. This has been a first step on the journey of examining our hearts and taking a risk of fellowship and vulnerability with each other.

Next Step

Is God calling you to engage Him and the people in this discipleship group? Prayerfully consider what He may be inviting you into. Review the next step on the discipleship path, God's Story & Our Story and discuss. Spend your quiet times this week going over the story curriculum. It will also be useful for discipleship, community, and spiritual formation.