



Thank you for opening this guide. We are glad that you've decided to "continue the conversation." Below you will find discussion questions geared toward adults and families. Whatever "unit" you are in, we would love for you to interact with each other and dig deeper into what we learned today. If you are alone, feel free to pick up the phone to call, text, or digitally interact with a friend on these questions.

The age-based questions for families cover 4 different stages of life--preschoolers, elementary students, middle schoolers, and teens. Parents, it's always awesome to model vulnerability with your children, so, even though each section does not specifically invite parents to share please do so.

AGE-BASED DISCUSSION QUESTIONS

Use the section that works best for those you are with.

ADULTS

1. A key word we must all hold on to is the word "remember." The disciples forgot what Jesus had told them and their faith grew cold. Remembering is not just a cute idea. Remembering is vital for our faith. We simply must "remember." During this time of more intense struggle with the virus, what core realities do you need to "remember?" Some examples of remembering would include: Christ's resurrection; Christ's faithfulness, the awfulness of our sin, and the amazing gift of forgiveness. Share with your family or a friend what you tend to "forget" and share how reflecting and remembering impacts your walk with Christ.
2. Think about what you have lost with this virus. Consider listing the losses together with someone. There is a valuable place to grieve these losses with Jesus and with one another. Let Jesus comfort you and strengthen you--this takes time. Remember that Jesus walked through a horrible week many years ago. He faced intense loneliness and separation from His very own Father. He gets it. He "gets" you. Let Him in to sit with you.

After taking some time with Him consider sharing with a friend or family member some of the losses that seem to negatively impact you.

3. Some of you need to stay at length with question #2 and may not be ready this week for the following question and that's okay. For those of you who are ready to shift to a new question, consider the following: ask God to put someone on your heart that you can "go" and speak life to. Ask Him to give you the ability to see someone else who is struggling this week and in need of a phone call or another act of kindness. This is a big deal! We "get to be Jesus" to one another in beautiful ways.

FAMILIES WITH PRESCHOOLERS

1. Ask your preschoolers to think of one of the most surprising or exciting things they have ever seen.
2. How did they feel when they saw this thing happen? Ask them to demonstrate their reaction for you through facial expressions, or a happy dance, or some other form of acting.
3. Today we are celebrating Jesus' resurrection from the dead! Tell your preschooler that Jesus' death and resurrection from the dead is the most exciting thing that has ever happened on earth. Ask your preschooler to do a happy dance with you to celebrate Jesus' resurrection. Play the song "[Happy Day](#)" by Shout Praises Kids and celebrate with your preschooler.

FAMILIES WITH ELEMENTARY KIDS

1. What is the most surprising or exciting thing you have ever seen? How did you feel when you saw that?
2. Today we are celebrating the most exciting thing to ever happen on this earth: Jesus' resurrection from the dead! We celebrate this day because Jesus made a way for us to be saved from our sins and to have eternal life. What is your best happy dance to show how excited you are about this news?
3. God wants us to "go" and share this exciting news with people all around us! What is a way you might be able to share how Jesus saved us?
4. Play the song "[Happy Day](#)" by Shout Praises Kids and praise Jesus for the amazing gift He has given us.

FAMILIES WITH MIDDLE SCHOOLERS

1. What is one of the greatest things you have ever seen? Something that nearly took your breath away perhaps or something that staggered you? Or something that made you awestruck. Can you remember a time when you sat there and said: I can hardly believe

this is happening--either something good or bad. Now imagine how crazy it would've been to witness the resurrection of Jesus. How do you think you would've reacted?

2. In the sermon, a keyword that was mentioned was the word "go." What are a couple of ways God may be calling you to "go?" Maybe He wants you to share the good news about Christ with your friends. Or perhaps He wants you to use your special gifts and talents to help people during this shutdown.
3. Take a moment to write out a list of things you are grieving during the coronavirus. It is good to feel this and to grieve this with Jesus and your family or friends. Take some time to remember that Jesus experienced a lot of grief and loss in His short time on earth. Try to list some things He lost this very week 2000 years ago.

FAMILIES WITH TEENS

1. What is one of the greatest things you have ever witnessed? Think of something that nearly took your breath away or something that staggered you? Can you remember a time when you sat there and said: I can hardly believe this is happening--think of either something good or bad. In our current situation with the virus you have heard people say a thousand times, "this is crazy." NO ONE would have predicted our Easter Sunday would look like this. This time is one of those staggering moments. Have your family share some stories with each other about our current situation in life. Now think about those living during the holy week 2000 years ago. NO ONE would have predicted the events that occurred that week. Think about Mary or Martha seeing Christ die and now coming to the tomb and having a chat with an angel who announces that Christ is risen. Pause and think about each disciple hearing the news that Jesus' body is no longer in the tomb. Picture Peter and John racing to the tomb. Try to imagine their emotions and their thoughts. Try to imagine them trying to go to sleep that night. Just sit together and share your thoughts with one another and enjoy the wonder of it all.
2. One key word from the sermon is the word "go." Please quietly reflect for a few minutes about how God may be calling you personally to "go." Then consider praying together as a family to seek the heart of God. Ask Him to nudge you to focus on others' pain in these days of trial. Is God calling you or your family to "go" in some way to a neighbor, friend, or loved one?
3. Think about what you have lost with this virus. Consider listing the losses together with someone. There is a valuable place to grieve these losses with Jesus and with one another. Let Jesus comfort you and strengthen you. Remember that Jesus walked through a horrible week many years ago. He faced intense loneliness and separation from His very own Father. He gets it. He "gets" you. Let Him in to sit with you. After taking some time with Him consider sharing with a friend or family member some of the losses that seem to negatively impact you.